



Dragon Boat Racing and the Challenge

July 11th 2010

Dragon Boat racing is an ancient Chinese tradition and the fastest growing water activity in Britain today - as well as the most fun! Up to 16 people paddle each 40' boat with a drummer at the front beating time and a helm at the tail steering a straight course. No previous experience is required, just plenty of team spirit!

Dream-A-Way is working with Haven Banks Outdoor Education Centre (Devon Youth Service) & Exe-Calibre Dragon Boat Club to bring the third Dream-A-Way Dragon Boat Challenge & Exe-Calibre Dragon Boat Club's National League Race event to Exeter. The event is open to everyone and the crews will battle it out over a 200m course, watched by crowds of spectators. Exeter Quay offers a superb venue for racing and a fabulous day is guaranteed for spectators and competitors alike.

ENTRY IS ONLY £150 per Team or £500 per Corporate Team and includes:

- Dragon boats, qualified helms and all racing equipment
- At least 3 races per crew
- Trophy for the winning crew and medals for the top three crews
- Prize for the crew raising most money for Dream-A-Way
- Prize for individual raising most money for Dream-A-Way
- Family entertainment on the quay

Dream-A-Way

Dream-A-Way is a local registered charity established in 1993 which provides holidays and outings for people of all ages with any sort of disability throughout the South West.

We are very proud of the fact that we are run entirely by volunteers enabling 99 pence in every pound raised to be used directly to help our special guests.

Our charity has raised an amazing sum rapidly approaching one million pounds and has helped literally thousands of local people.

Thank you so much for your support.

It really is appreciated.

Entry details

Crews

Crews must comprise 12-20 paddlers plus a drummer – Crews can be mixed, all female or all male and organisations may enter more than one crew. The minimum age is

12 years and no previous experience of dragon boat racing is required. All crew members must be able to swim in light clothing and in moving water and compete entirely at their own risk. Qualified helms, buoyancy aids and water safety cover are provided by the organisers.

Rules

Exe-Calibre is an approved operator of the British Dragon Boat Racing Association (BDA) and the Challenge will be run under BDA Festival Rules and hold a BDA Race Permit. All crews accepted for entry must abide with the competition rules of the BDA and the entry details shown on this form. Each crew is guaranteed a minimum of 3 races (subject to weather conditions).

Entry Fees

Teams – 16 + Drummer (17 Total) £150 plus a minimum sponsorship of £50 (to be paid on race day).

Corporate Teams - 16 + Drummer (17 Total) £500 plus a minimum sponsorship of £30 (to be paid on race day).

Individuals – 1 person wishing to join a team. £10 plus a minimum sponsorship of £50 (to be paid on race day)

Entries

Will be accepted on a first-come-first-served basis with full payment. No refunds will be given once an entry fee has been accepted.

Charity Sponsorship

Official sponsor forms will be supplied with your entry confirmation and all forms and money must be handed in to Race Control before your crews' first race of the day.

Each crew /individual is encouraged to raise as much money as possible, with £50 or £30 for corporate members being the required minimum amount per crew member.

How to enter:

Please complete and sign the entry form below and return it together with your entry fee of £150 or £500 Corporate fee to:

Dream-A-Way, 20 Lime Grove, Exminster, Exeter, EX6 8TB

Please make cheques payable to Dream-A-Way. Following receipt of your completed entry form and entry fee (£150 or £500 corporate), we will send confirmation of your entry, a full set of competition rules, sponsorship forms and information pack.



Dream-A-Way 2010 Dragon Boat Challenge Individuals Entry Form

Name:

Team Name: (for team Entries)

Address:

Team Captains Name: (for Team Entries)

Post Code:

Emergency Contact Name:

Telephone:

Emergency Contact Number:

Email:

I agree with the entry conditions as outlined on this entry form.
I certify that I can swim in light clothing in moving water and I
hereby release Dream-A-Way, Exe-Calibre and Devon Youth
Service (Devon County Council) and their agents, officials and
volunteers for any injury or loss caused through my participation in
this competition.

I compete entirely at my own risk.

Age:

Signed